





FOR IMMEDIATE RELEASE

MARCH IS PROBLEM GAMBLING AWARENESS MONTH

Four Winds Casinos is committed to promoting responsible gaming at all locations

NEW BUFFALO, Mich. – March 6, 2023 – The Pokagon Band of Potawatomi's Four Winds® Casinos, in collaboration with the National Council on Problem Gambling (NCPG) dedicates March as Problem Gambling Awareness Month (PGAM). 2023 marks the 20th anniversary of Problem Gambling Awareness Month. PGAM brings together a wide range of stakeholders, such as public health organizations, treatment providers, advocacy groups and gambling operators. They work collaboratively to let people know that hope and help exist. The hashtag for the campaign this year is #PGAM2023, which participants are encouraged to use across various social media platforms.

Problem gambling is defined as all gambling behavior patterns that compromise, disrupt or damage personal, family, or vocational pursuits. Approximately 2 million U.S. adults (1% of the population) are estimated to meet criteria for severe problem gambling. Another 4-6 million (2-3%) meet the criteria for mild or moderate problem gambling.

During March, Four Winds will implement a heightened awareness campaign for our employees and for the public through our social media channels and engage in other activities that increase public awareness of problem gambling and the availability of prevention, treatment and recovery services.

Problem Gambling Awareness Month is designed to coincide each year with March Madness, during which Americans are expected to wager over \$3 billion. For the majority of adults, gambling can be a fun and entertaining experience, but there are risks involved. Sports bettors are at particularly high-risk for developing a gambling problem. According to the National Survey on Gambling Attitudes and Gambling Experiences 2.0, four out of five sports bettors reported often needing to gamble more for the same feeling of excitement.

"The Pokagon Gaming Authority and Four Winds Casinos have been, and will continue to be, fully committed to promoting responsible gaming at all of our locations in Michigan and Indiana, as well as our online casino and sportsbook in Michigan," said Frank Freedman, COO of Four Winds Casinos. "Our employees complete mandatory training programs. The training focuses on explaining the gambling disorder, recognition of behaviors, and how to provide resources to our guests."

All Four Winds Casino locations display printed brochures that include information regarding signs of problem gambling and toll-free hotline numbers for the national helpline as well as the Michigan and Indiana state

helpline numbers. In addition to the employee training and the resources made available to guests, the Pokagon Band Gaming Commission independently administers and processes requests from guests wishing to self-exclude from Four Winds Casino properties or the online casino and sportsbook. More information and resources are available at www.fourwindscasino.com/responsible-gaming/.

Four Winds Casinos has been a major sponsor for the National Council on Problem Gambling's (NCPG) National Conference on Problem Gambling, the largest and longest running conference on problem gaming worldwide. Raquel Buari, the Vice President of Compliance at Four Winds Casinos, holds a seat on the Board of Directors for the NCPG, the Michigan Association on Problem Gambling, and the Indiana Council on Problem Gambling.

If you or someone you know has a gambling problem, call or text the National Problem Gambling Helpline Network at 1-800-GAMBLER or visit www.1800gamblerchat.org. Help is available 24/7/365 – it is free and confidential. Michigan residents can also contact the Michigan Gambling at michiganapg@gmail.com or call the state helpline at (800) 270-7117. Those living in Indiana can reach out to the Indiana Council on Problem Gambling at christinagray@indianaproblemgambling.org or call the state helpline at (800) 994-8448.

For more information about problem gambling and how to increase awareness and action on problem gambling, please visit www.ncpgambling.org/pgam.

About the Pokagon Band of Potawatomi Indians of Michigan and Indiana

The Pokagon Band of Potawatomi Indians' sovereignty was reaffirmed under legislation signed into law by President Clinton in September of 1994. The Pokagon Band is dedicated to providing community development initiatives such as housing, education, family services, medical care and cultural preservation for its more than 6,000 citizens. The Pokagon Band's ten-county service area includes four counties in Southwestern Michigan and six in Northern Indiana. Its main administrative offices are located in Dowagiac, Mich., with a satellite office in South Bend, Ind. In 2007, it opened Four Winds Casino Resort in New Buffalo, Mich., followed by Four Winds Hartford in 2011, Four Winds Dowagiac in 2013 and Four Winds South Bend in January 2018. It owns and operates a variety of businesses via Mno-Bmadsen, the tribe's non-gaming investment enterprise. More information is available at www.pokagonband-nsn.gov, www.mno-bmadsen.com.

About the National Council on Problem Gambling

The National Council on Problem Gambling (NCPG) is neutral on legalized gambling. Based in Washington DC, NCPG is the only national nonprofit organization that seeks to minimize the economic and social costs associated with gambling addiction.

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